

# The Pointe Cafe - oak\_pointe

**Black Milk Tea**  
10.5 oz

## Nutrition Facts

1 servings per container  
**Serving size** 311mL

**Amount per serving**  
**Calories** 150

**% Daily Value\***

<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 4g	<b>19%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 40mg	<b>2%</b>
<b>Total Carbohydrate</b> 29g	<b>10%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 27g	
Includes 27g Added Sugars	<b>54%</b>

**Protein** 0g

Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Dark Roast Cold Brew**  
10.5 oz

## Nutrition Facts

1 servings per container  
**Serving size** 311mL

**Amount per serving**  
**Calories** 0

**% Daily Value\***

<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 5mg	<b>0%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>

**Protein** 0g

Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 0mg	0%
Potassium 40mg	0%

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**Iced Salted Caramel Latte**  
10.5 oz

## Nutrition Facts

1 servings per container  
**Serving size** 311mL

**Amount per serving**  
**Calories** 110

**% Daily Value\***

<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 4g	<b>21%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 100mg	<b>4%</b>
<b>Total Carbohydrate</b> 17g	<b>6%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 17g	
Includes 17g Added Sugars	<b>34%</b>

**Protein** 0g

Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 0mg	0%
Potassium 25mg	0%

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**Iced Vanilla Latte**  
10.5 oz

## Nutrition Facts

1 servings per container  
**Serving size** 311mL

**Amount per serving**  
**Calories** 100

**% Daily Value\***

<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 4g	<b>21%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 20mg	<b>1%</b>
<b>Total Carbohydrate</b> 16g	<b>6%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 16g	
Includes 16g Added Sugars	<b>31%</b>

**Protein** 0g

Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 0mg	0%
Potassium 25mg	0%

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**Mango Lemonade**  
10.5 oz

## Nutrition Facts

1 servings per container  
**Serving size** 311mL

**Amount per serving**  
**Calories** 120

**% Daily Value\***

<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 20mg	<b>1%</b>
<b>Total Carbohydrate</b> 31g	<b>11%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 29g	
Includes 23g Added Sugars	<b>46%</b>

**Protein** 0g

Vitamin C 13mg	15%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

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**Mango Smoothie**  
6 oz

## Nutrition Facts

1 servings per container  
**Serving size** 177mL

**Amount per serving**  
**Calories** 190

**% Daily Value\***

<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 2g	<b>11%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 30mg	<b>1%</b>
<b>Total Carbohydrate</b> 44g	<b>16%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 43g	
Includes 30g Added Sugars	<b>60%</b>

**Protein** 0g

Vitamin C 4mg	4%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

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**Matcha Frappuccino**  
6 oz

## Nutrition Facts

1 servings per container  
**Serving size** 177mL

**Amount per serving**  
**Calories** 250

**% Daily Value\***

<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 5g	<b>24%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 52g	<b>19%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 49g	
Includes 34g Added Sugars	<b>68%</b>

**Protein** 0g

Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

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**Matcha Latte**  
10.5 oz

## Nutrition Facts

1 servings per container  
**Serving size** 311mL

**Amount per serving**  
**Calories** 230

**% Daily Value\***

<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 4g	<b>21%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 0mg	<b>0%</b>
<b>Total Carbohydrate</b> 48g	<b>17%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 45g	
Includes 29g Added Sugars	<b>58%</b>

**Protein** 0g

Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

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**Matcha Milk Tea**  
10.5 oz

## Nutrition Facts

1 servings per container  
**Serving size** 311mL

**Amount per serving**  
**Calories** 170

**% Daily Value\***

<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 4g	<b>20%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 10mg	<b>0%</b>
<b>Total Carbohydrate</b> 33g	<b>12%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 31g	
Includes 20g Added Sugars	<b>40%</b>

**Protein** 0g

Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

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**Salted Caramel Frappe**  
6 oz

## Nutrition Facts

1 servings per container  
**Serving size** 177mL

**Amount per serving**  
**Calories** 190

**% Daily Value\***

<b>Total Fat</b> 5.5g	<b>7%</b>
Saturated Fat 5.5g	<b>28%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 200mg	<b>8%</b>
<b>Total Carbohydrate</b> 36g	<b>13%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 36g	
Includes 36g Added Sugars	<b>71%</b>

**Protein** 0g

Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 0mg	0%
Potassium 30mg	0%

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**Salted Caramel Milk Tea**  
10.5 oz

## Nutrition Facts

1 servings per container  
**Serving size** 311mL

**Amount per serving**  
**Calories** 150

**% Daily Value\***

<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 4g	<b>19%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 125mg	<b>6%</b>
<b>Total Carbohydrate</b> 28g	<b>10%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 26g	
Includes 26g Added Sugars	<b>53%</b>

**Protein** 0g

Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

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**Strawberry Lemonade**  
10.5 oz

## Nutrition Facts

1 servings per container  
**Serving size** 311mL

**Amount per serving**  
**Calories** 150

**% Daily Value\***

<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 70mg	<b>3%</b>
<b>Total Carbohydrate</b> 36g	<b>13%</b>
Dietary Fiber 0g	<b>1%</b>
Total Sugars 34g	
Includes 33g Added Sugars	<b>67%</b>

**Protein** 0g

Vitamin C 10mg	11%
Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 0mg	0%
Potassium 15mg	0%

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# The Pointe Cafe - oak\_pointe

Strawberry Smoothie	
6 oz	
<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>177mL</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>240</b>
	% Daily Value*
<b>Total Fat</b> 2g	<b>3%</b>
Saturated Fat 2g	<b>10%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 200mg	<b>9%</b>
<b>Total Carbohydrate</b> 55g	<b>20%</b>
Dietary Fiber 0g	<b>2%</b>
Total Sugars 54g	
Includes 51g Added Sugars	<b>101%</b>
<b>Protein</b> 0g	
Vitamin C 3mg	4%
Vitamin D 0mcg	0%
Calcium 4mg	0%
Iron 0mg	0%
Potassium 40mg	0%

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Taro Milk Tea	
10.5 oz	
<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>311mL</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>150</b>
	% Daily Value*
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 4g	<b>19%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 40mg	<b>2%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 26g	
Includes 23g Added Sugars	<b>46%</b>
<b>Protein</b> 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

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Taro Milk Tea Smoothie	
6 oz	
<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>177mL</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>220</b>
	% Daily Value*
<b>Total Fat</b> 4.5g	<b>6%</b>
Saturated Fat 4.5g	<b>22%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 65mg	<b>3%</b>
<b>Total Carbohydrate</b> 46g	<b>17%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 44g	
Includes 40g Added Sugars	<b>80%</b>
<b>Protein</b> 0g	
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%

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Vanilla Frappe	
6 oz	
<b>Nutrition Facts</b>	
1 servings per container	
<b>Serving size</b>	<b>177mL</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>200</b>
	% Daily Value*
<b>Total Fat</b> 5.5g	<b>7%</b>
Saturated Fat 5.5g	<b>27%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 20mg	<b>1%</b>
<b>Total Carbohydrate</b> 38g	<b>14%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 38g	
Includes 38g Added Sugars	<b>76%</b>
<b>Protein</b> 0g	
Vitamin D 0mcg	0%
Calcium 1mg	0%
Iron 0mg	0%
Potassium 30mg	0%

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